

A global network of clinics changing the way we treat mental health

neuroCare Clinics offer evidence-based mental health programs helping children and adults overcome emotional, learning and behavioural disorders without the need for medications and its associated side-effects. Protocols adopted in our clinics are scientifically-proven, non-invasive and can offer sustainable and holistic benefit, stepping away from a "one-size-fits-all" approach to mental health.

neuroCare programs seek to unlock the underlying cause of the condition, rather than managing symptoms as presented. Our highly trained therapists take a closer look at the brain's activity using Quantitative EEG (QEEG) enabling us to assess a person's symptoms at a neurophysiological level. We recognize the importance of sleep in mental health and draw upon a number of other tools to observe the role it plays in a child or adult's mental wellbeing.

Our neuromodulation programs are calibrated using the highest quality technologies, taking these personalised insights into account. All programs combine psychotherapy with a dedicated Psychologist or Psychiatrist, with studies showing the long-term benefit of integrating personalised, one-on-one support throughout the patient journey.

neuroCare's assessment and therapy methods have been tested and developed for over 17 years with a dedicated team of researchers in Europe continuing to support our clinical teams across the world. neuroCare operates throughout Germany, The Netherlands, The United States and is offering training programs for professionals in Australia with outpatient clinics now in Sydney and Melbourne.

LEADING TECHNOLOGIES

We use non-invasive EEG and stimulation devices which have been trialled and tested in scientific research. We make no compromise on the quality of our assessment and therapy technologies used in our clinics and training courses.



PROVEN BY SCIENCE

Numerous scientific studies have for many years demonstrated the advantage of non-invasive, medication-free neuromodulation therapies. To find out more visit our global website

www.neurocaregroup.com/scientific-publications/

QUALITY TRAINING AND SUPPORT

We educate clinicians worldwide in non-invasive neuromodulation therapies for mental health and demonstrate how these therapies can be realistically applied in clinical practice. With a dedicated research team working across the globe, we continue evaluating outcomes to further the quality of our care delivery.



CONTACT US



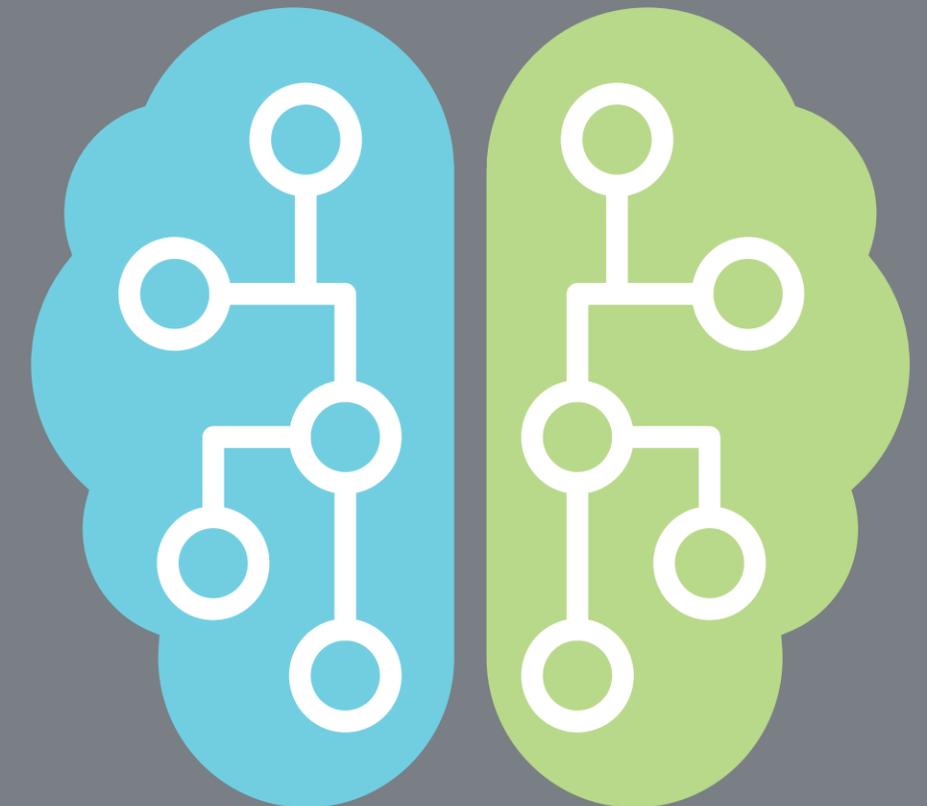
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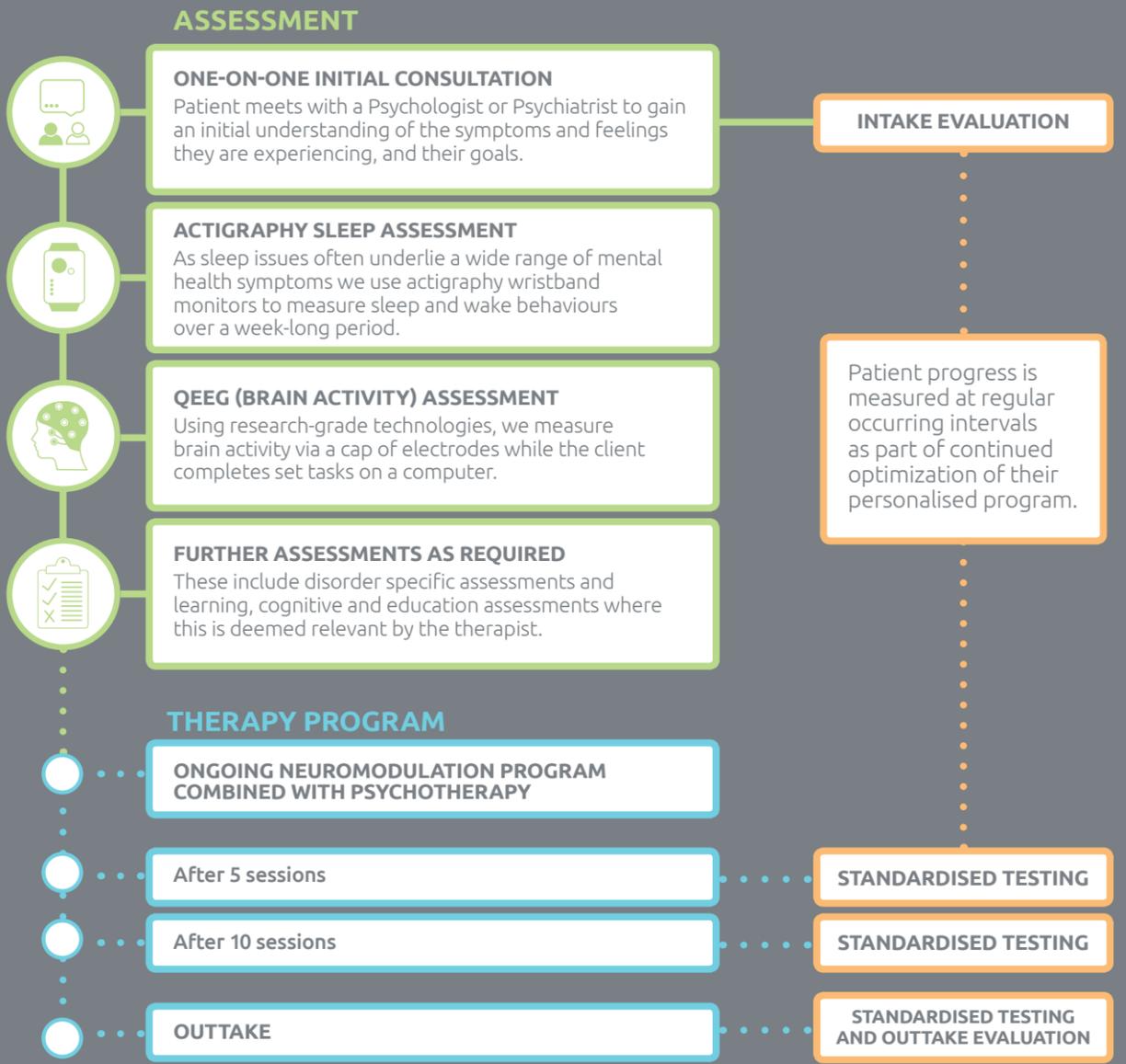
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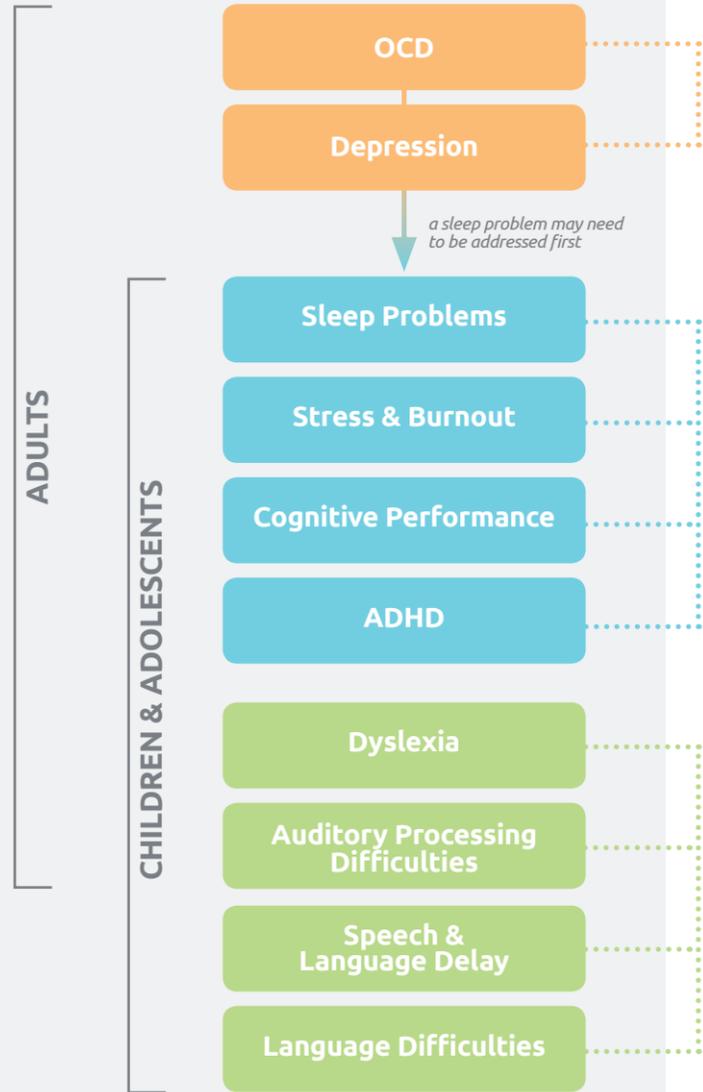
Personalised Mental Health Programs
for Children, Adolescents and Adults.

OUR PERSONALISED APPROACH TO MENTAL HEALTHCARE

Addressing the underlying cause of symptoms and optimising programs to the individual.



WHO WE HELP



PERSONALISED NEUROMODULATION PROGRAMS

TMS

Transcranial Magnetic Stimulation Therapy helps to reconnect pathways in the brain involved in Depression or OCD

Duration
on average

- 2-3 months
- 20-30 sessions total
- 2 x sessions weekly (minimum)

Efficacy

66% response in Treatment Resistant Depression when combined with Psychotherapy (Donse, Padberg, Sack, Rush & Arns 2017)

55% response in OCD (Donse, Sack, Fitzgerald & Arns (2017))

Benefits

- minimal side-effects (light headache)
- fast response
- durable effects
- medication-free
- no hospitalisation needed

Contraindications

- pacemaker
- metal implants in head
- cochlear implant
- pregnant
- epilepsy/history of seizures

in-clinic only Ages 18+

Neurofeedback

Computer-based training of brain activity based on operant learning principals

Only evidence-based protocols used: SMR, SCP, Theta/Beta Training

Duration
on average

- 3-4 months
- 30-40 sessions total
- 2 x sessions weekly (minimum)

Efficacy

76% response in ADHD (Arns et al. 2012), effects sustained after more than 6 months (Van Doren et al. 2018)

Benefits

- no side-effects
- fast response
- long-term effects
- medication-free

Contraindications

With appropriate assessment Neurofeedback is a safe therapy

in-clinic or home-based Ages 6+

Auditory Training Program™

Modulates brain activity by training specific and individualized auditory processing pathways with high-fidelity sound

Duration

- Minimum 20 hours
- Sessions held daily
- May be integrated with other learning / development programs

Efficacy

Clinical effectiveness is established and monitored individually via pre-post testing of standardised auditory processing measures

Benefits

- no side-effects
- fast response
- long-term effects
- medication-free

Contraindications

With appropriate assessment the Auditory Training Program™ is a safe therapy

in-clinic or home-based Ages 3+

All programs are underpinned by Psychotherapy, proven to optimise treatment response